

Code of Conduct for Children and Young People

This is one of a series of documents intended to set the standard for behaviour within Rowing. It applies to all Children and Young People, under the age of 18 years, within Irish Rowing.

Rowing for Young People

Lee Rowing Club is fully committed to safeguarding and promoting the wellbeing of all of its members. It believes that it is important that members, coaches, administrators and parents associated with the sport should, at all times, show respect and understanding for the safety and welfare of others. Therefore members are encouraged to be open at all times and to share any concerns or complaints that they have about any aspect of the sport with the appropriate Designated Officer.

Lee Rowing Club should offer a positive experience to young people where they can learn new things in a safe and positive environment.

As a rower in Lee Rowing Club, you are expected to abide by the following code of practice:

Children/Young People are expected to:

- Be loyal and give their friends a second chance
- Be friendly and welcome new members
- Be supportive and committed to other team members, offer comfort when required
- Not get involved in inappropriate peer pressure and push others into something they do not want to do
- Keep within the defined boundary of the training area and rowing area.
- Behave and listen to all instructions from the Coach
- At Events respect umpires and their decisions.
- Take care of equipment owned by the club/sport.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity
- Refrain from the use of bad language or racial/sectarian references. This includes bullying using technologies like chat rooms or texting.
- Refrain from bullying or persistent use of rough and dangerous play.
- Keep to agreed timings for training and competitions or inform the coach or team manager if you are going to be late, or not going to be able to attend. Ideally this should be done in advance.
- Wear/bring suitable kit- to include appropriate clothing, footwear, and a full change of clothing and towel- for training and events, as agreed with the coach/team manager.
- Pay any fees for training and events promptly
- Juniors are not allowed to smoke on rowing premises or while representing the club or Rowing Ireland.
- Juniors are not allowed to consume alcohol or drugs of any kind on rowing premises or while representing the club or Rowing Ireland at Home or

Away



- Show respect to other young rowers/leaders and show team spirit
- Keep yourselves safe
- Report inappropriate behaviour or risky situations.
- Play fairly and be trustworthy
- Show loyalty and be gracious in defeat
- Challenge or report the bullying of your peers
- Respect opponents
- Not cheat or be violent/aggressive
- Not use violence
- Not to use your mobile phone when you are training
- Leave your mobile phone in the changing rooms or in a secure designated area.
- Make your club a fun place to be.

Children/Young People have the right to:

- Be safe and happy in their chosen activity
- Be listened to
- Be respected and treated fairly
- Privacy
- Enjoy rowing in a protective environment
- Be referred for professional help if needed
- Be protected from abuse by others in rowing or outside sources
- Participate on an equal basis, appropriate to ability
- Experience competition and the desire to win
- Be believed
- Ask for help

Any misdemeanours or general misbehaviour will be addressed by the immediate coach and reported verbally to the designated person. Persistent misbehaviour or breaches of rules may result in disciplinary behaviour and may result in dismissal from the club/sport. Parents will be informed at all stages.

Maintaining Contact with the club:

Maintaining contact with the club is extremely important. Throughout the season movement can occur within coaching groups. Therefore there is a requirement to maintain communication so that the members who are active rowers are all receiving necessary updates. It will be the responsibility of the coach to ensure that members in the group are up to date and accurate. Lapsed attendance is defined as an active rower who is not attending training and their coach or the club has not been notified of the reason for the absence and the absence has exceeded more than three weeks with no contact from either the Athlete or their parent or guardians. In these instances members and their parents or guardians are requested to contact the Captain before they resume training.

We strongly ask for parent and rower co-operation in maintaining regular communication with the club.

Parental Consent is defined in RoI by the Guardianship of Children Acts, 1964 to 1997: Natural mother always has parental responsibility, and natural father gains parental responsibility: If married to the mother at the time of birth or subsequently marries her, or; through an order under Section 6A (inserted by the Status of Children Act, 1987) of the Act of 1964.