



Parent/Guardian to Coach Communication Guide.

How do I discuss a concern with the coach?

Contact the coach to set up an appointment.

If the coach cannot be reached, email the Captain, captain@leerowingclub.com. They will set up the meeting for you and the coach.

Please DO NOT attempt to confront a coach before, during or after a competition or training session. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote a positive resolution.

Please use the 24 HOUR RULE.

24-Hour Rule. Parents/guardians are not allowed to confront a coach or crew to discuss any “negative” race or training session with the coaches until at least 24 hours has passed from the completion of the race or training session.

THE NEXT STEP

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

Call and set up an appointment with the Captain to discuss the situation. At this meeting the appropriate next step can be determined.

What concerns are appropriate to discuss with the coaching staff?

Treatment of your child.

Ways to help your child improve.

Concerns about your child’s behaviour.

It may be difficult to accept that your child is not rowing as much as you expect. . Coaches make decisions based on what they believe to be the best for the crew and for all athletes involved. As stated above, certain things can be and should be discussed with your child’s coach. Other concerns, must be left to the discretion of the coach.

What concerns are inappropriate concerns to discuss with coaches?

Training/Rowing Time.

Coaching Methods

Crew selection.

Other athletes.

WE ARE THEIR ROLE MODELS!

The critical factor in determining whether your child has a positive experience is the quality of their adult leaders – their parent and coach.

COMMUNICATIONS TO EXPECT FROM YOUR CHILD'S COACH

1. Crew requirements, special equipment, strength and conditioning programs.
2. Procedure if your child is injured during participation.
3. Training schedule and updates.
4. Club rules, guidelines and consequences for infractions.
5. Crew selection process.

COMMUNICATIONS COACHES EXPECT FROM ATHLETES/PARENTS

1. Any concerns expressed **DIRECTLY** to the coach.
2. Advanced notification of illness or injury – when possible.
3. Advanced notification of non-attendance at training and events. Note: events are planned and entered 2 weeks in advance of the event date, at this point the club is committed to paying for all entries. Late notice can mean that other athletes may miss out on a chance to row as there may not be enough to make up a crew.

For safety and privacy reasons parents/guardians are not permitted on the pontoon or in the training areas of the club house during training sessions unless requested by a coach or club official.

It is the goal of everyone that each athlete will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way you and your child wish. When this occurs, discussion with the coach is encouraged. It is the first and most integral step to understanding and resolution.