

# Lee Rowing Club

Hon Sec. Caroline O'Halloran  
Montvale  
48 Marble Hall Park  
Ballinlough  
Cork



Lee Rowing Club  
The Marina  
Cork

## A Commitment to Safety

Lee Rowing Club is committed to providing a safe environment for all of our members. Having a Safety First attitude at all times is an important part of what it means to be a member of Lee Rowing Club.

This statement is in line with the advice made available to rowing clubs on Rowing Ireland's website. Everyone involved in rowing has a Duty of Care to ensure their actions both on and off the water are conducted in a manner which does not compromise the safety of others.

Lee Rowing Club will provide information, education and training about safety to their members. Individual LRC members have a responsibility to learn, question, report when appropriate and adhere to safety best practice.

Lee Rowing Club will strive to prevent accidents in as far as is reasonably practicable after hazards have been identified.

For clarity of purpose "Reasonably Practicable" in relation to Lee Rowing Club, means that the club has exercised all due care by putting in place the necessary protective and preventative measures, having identified the hazards and assessed the risks to the safety, health and welfare likely to result in accidents or injury to health to its members and where putting in place any further measures is grossly disproportionate having regard to unforeseeable and exceptional circumstance or occurrence that may result in an accident.

The approach to planning for safety in Lee Rowing Club is for appointed members who voluntarily offer their time both on and off the water to follow three basic steps

- Think about the risks - a risk is the chance of somebody being harmed by a hazard, and how serious the harm could be.
- Think about how accidents could happen and who might be harmed.
- Think about what you will need to do to control the risks and ask if there is anything, you should do to make activities safer on and off the water.

**A HAZARD** has the potential to cause harm

**RISK** Is the likelihood that someone could be harmed

**FOR EXAMPLE** Leaving a gear bag on the floor of the club unattended is potentially a hazard, as there is a likelihood that someone will trip over it and receive an injury.

**HEALTH AND SAFETY** Is about using your common sense.

Signed on behalf of Lee Rowing Club:

Dated:

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**Stewart Davis President.**